## How to use e-Doctor?

If's new health insurance consultation service e-Doctor enables you to consult a doctor online, get health-related recommendations and renew your prescriptions without having to visit a doctor. Health insurance consultation service e-Doctor is provided by **Meliva** (former Qvalitas) **Digital Clinic**.

## How does Digital Clinic work?

Digital Clinic is a secure environment where you can consult without pre-booking with general and family practitioners who are easily available for health-related issues in real time, seven days a week, including in evenings and during holidays. Cold symptoms, allergy symptoms, skin problems or a need to renew your prescription? Just log into Digital Clinic, start a chat with a doctor, and you will get an answer to your health concern in a few minutes.

Digital Clinic is simple to use, convenient and available regardless of your location. A remote visit is the best option if your health concerns do not require a physical examination. Visit fee is  $\leq$ 19.90, which is fully covered by the health insurance policy. Digital Clinic is open on weekdays from 8 a.m. to 8 p.m., on weekends and holidays from 9 a.m. to 4 p.m.

## 6 steps to use Digital Clinic







If you are having trouble using the service, please contact our insurance line 777 1211 or send us an e-mail to info@if.ee.